

FAMILY SCREEN TIME

PACK

Rather than having ongoing disagreements about your child's screen time, use our pack to establish flexible and structured boundaries for your child to follow regarding their use of smartphones, laptops, televisions and gaming consoles.

This pack offers

- Screen Time Reward Tickets
 A "Phone Zone" sticker
- 3. A Primary School Agreement Contract
- 4. A Secondary School Agreement Contract

1.

Tickets to be offered to your child when they earn screen time

2.

A sticker to designate an area for storing phones

3 & 4.

Customisable contracts for both age groups



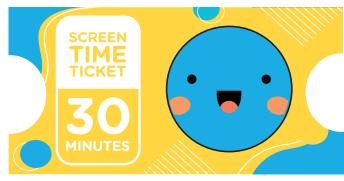
SCREEN TIME

REWARD TICKETS





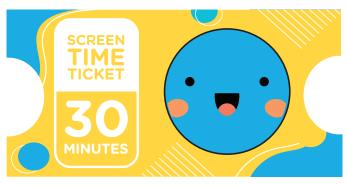


















FAMILY SCREEN TIME

AGREEMENT

	LL

•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•

EXAMPLES COULD BE:

I will brush my hair, I will do my chores, I will read for 30 minutes and for more inspiration, read through the "Screen Time" section in your Safer Schools app!

IACDEET	\cap TU	CCCI	TERMS AND	COND	ITIONS
IAGREE I	ОІП	ESE I	I EKMS AND	COND	I I IUIVO

M	ly	S	ig	n	at	uı	re																			
•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
M	ly	P	aı	re	nt	t/(Ca	ar	er	'S	Si	igi	na	atı	ur	е										

FAMILY SCREEN TIME

AGREEMENT

WI		L																										
• •	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
• •	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
• •	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
EXAI will read thro	l b	ru or :	sh 30	n r	ny ni	y ł	าล ut	ir e	, I	w an	d	f	or	m	01	re	in	IS	pi	ra	ıti	0	n,			d		
will read	l b fo	ru or : h t	sh 30 th	n r) r e	ny ni "§	y ł	าล ut	ir e	, I	w an	d	f	or	m	01	re	in	IS	pi	ra	ıti	0	n,			d		
l will read thro Scho	l b fo	ru or (h t	sh 30 th ap	n r O r e	ny ni "§	y I in Sc	na ut	ir ee	, I s a n	w an Ti	im	fe e	or " s	m se	ct	io	in n	in	pi y	ra '01	nti ur	S	n, af	eı				
l will read thro Scho	l b l fo ug	ru or 3 h t s a	sh 30 th ap	e p	ny ni "S	y lining Sc	na ut	ir ee	, I s a n	w an Ti	im	fe e	or " s	m se	ct	io	in n	in	pi y	ra '01	nti ur	S	n, af	eı				
l will read thro Scho	l b l fo ug ool	ru or 3 h t s a	sh 30 th ap	e p	ny ni "S	y lining Sc	na ut	ir ee	, I s a n	w an Ti	im	fe e	or " s	m se	ct	io	in n	in	pi y	ra '01	nti ur	S	n, af	eı				
will will read thro	l b l fo ug ool	ru or : h t s a	sh 30 th ap	n r O r e op	my mi "S	y I in Sc	na ut re	ir te: ee	, I s a n	wan Ti	e E	fore	or "s	m se	ct	re io A	in n	in	pi y	ra '01	nti ur	S	n, af	eı				

