

# Signposting to Support for those on the Autistic Spectrum

## UK Wide

### Autism Initiatives

<https://www.autisminitiatives.org/about>

Autism Initiatives deliver unique services and personalised opportunities to adults, children and families in a variety of locations in the North of England, Scotland, Wales, Northern Ireland, Ireland and the Isle of Man.

### National Autistic Society

<https://www.autism.org.uk/>

The leading UK charity for autistic people (including those with Asperger syndrome) and their families.

### Autism Alliance

<https://www.autism-alliance.org.uk/>

The Autism Alliance strive to support, raise awareness and increase understanding of Autism Spectrum Conditions throughout the UK to allow all affected by autism to lead productive and fulfilling lives.

### Child Autism UK

<https://www.childautism.org.uk/>

Child Autism UK helps children with autism achieve their potential. Providing services to enable children to overcome difficulties with communication, learning and life skills and give families the techniques and strategies to cope with autism through the use of Applied Behaviour Analysis (ABA).

### Ambitious about Autism

<https://www.ambitiousaboutautism.org.uk/>

Ambitious about Autism is the national charity for children and young people with autism. We provide services, raise awareness and understanding, and campaign for change.

## England

### National Autistic Society England Branches

<https://www.autism.org.uk/services/england.aspx>

### Autism Anglia

<https://www.autism-anglia.org.uk/>

Autism Anglia is an independent charity which provides care and support to children, adults and families affected by autism in East Anglia.

### Autism West Midlands

<https://autismwestmidlands.org.uk/>

Autism West Midlands' mission is to provide specialist support and advice to autistic people of all ages and their families living in the West Midlands, enabling them to meet their full potential.

### North East Autism Society

<https://www.ne-as.org.uk/>

North East Autism Society work in partnership to achieve outstanding personalised services for people with an Autism Spectrum Condition (ASC).

### Autism Hampshire

<https://www.autismhampshire.org.uk/>

Founded in the mid 1960's, Autism Hampshire's mission is to create opportunities, challenge perceptions, enhance choices and provide high quality services to meet the diverse needs of people on the autism spectrum.

### For the full list of regional resources, please visit the website of the Royal College of General Practitioners:

<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/asd-toolkit.aspx>

## Scotland

### National Autistic Society Scotland Branches

<https://www.autism.org.uk/services/local/scotland.aspx>

### Scottish Autism

<https://www.scottishautism.org/>

Scottish Autism is an organisation dedicated to enriching the lives of autistic people.

### Autism Network Scotland

<http://www.autismnetworkscotland.org.uk/>

Autism Network Scotland connects and communicates with individuals on the autistic spectrum, their families and carers, and practitioners working in the field of autism.

### Turning Point Scotland

<http://www.turningpointscotland.com/what-we-do/autism/>

Turning Point Scotland is a social care charity focused on providing services to adults with complex needs.

### Scottish Women's Autism Network

<http://swanscotland.org/>

SWAN is a charity established in August 2012 in partnership with Autism Network Scotland.

### National Museums Scotland Autistic Events

<https://www.nms.ac.uk/national-museum-of-scotland/plan-your-visit/events-and-resources-for-autistic-people/>

### Autism Toolbox

<http://www.autismtoolbox.co.uk/>

A resource for Scottish Schools from the Scottish Government in partnership with Scottish Autism Network Scotland.

## Wales

### National Autistic Society Wales Branches

<https://www.autism.org.uk/services/local/wales.aspx>

### ASD info Wales

<https://www.asdinfowales.co.uk/home/>

National website for ASD including information about Autism Spectrum Disorders (including Autism and Asperger Syndrome), service details, training opportunities and updates on the implementation of the ASD Strategic Action Plan for Wales.

### Wales Autism Research Centre - Useful Links for Parents

<https://sites.cardiff.ac.uk/warc/information-for-parents-and-adults/parents-individuals-asd/useful-links/>

### Action for Aspergers - North Wales

<https://www.actionforaspergers.org/north-wales-outreach-surgery/>

### Video: The Birthday Party

The Birthday Party is a training film for professionals. The film is a partnership project between government, university and clinical partners, including Dr Sarah Carrington from Aston University. It has been funded by the Economic and Social Research Council and Welsh Government.

#### Learn More & Watch:

<https://www2.aston.ac.uk/lhs/research/centres-facilities/basic-and-applied-neurosciences/thebirthdayparty>

## Isle of Man

### Autism in Mann

<http://www.project21.im/charities/autism-in-mann/>

Autism in Mann was established in 1991 by two parents with families affected by autism, who wanted to reach out and help other affected people, parents and carers. The charity has been involved in the local community ever since.

## Northern Ireland

### National Autistic Society Northern Ireland Branches

<https://www.autism.org.uk/services/local/northern-ireland.aspx>

### Autism NI

[www.autismni.org/](http://www.autismni.org/)

Autism NI is a parent led partnership organisation formed to promote positive collaboration between parents, professionals and individuals with Autism and address the need for appropriate services.

### Autism Network NI

<http://www.autismnetworkni.org.uk/home.htm>

Set up in 2003, Autism network NI is a charity set up by parents, carers and individuals on the Autistic Spectrum.

### PEAT NI

<https://www.peatni.org/>

PEAT – Parents' Education as Autism Therapists is a parent led autism charity for support, advice, training and events.

### More services can be found on the Family Support NI Website

<http://www.familysupportni.gov.uk/>