



# Pride

Learning Pack



**SAFER  
SCHOOLS**



## What is this for?

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Pride is a month dedicated to celebrating LGBTQ communities all around the world.

Pride Month takes place in June, as this is the same month as the Stonewall protests in New York in 1969. These protests happened after violence and discrimination from the police. They led to widespread demands for LGBTQ civil rights across the world.

## What is the Pride Festival?

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## What does LGBTQ mean?

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LGBTQ stands for Lesbian, Gay, Bisexual, Trans and Queer/Questioning.

**Lesbian:** A female who is attracted to other females

**Gay:** A person (usually a man) who is attracted to the same sex

**Bisexual:** A person who is attracted to both men and women (not equally)

**Trans:** A person who has a different gender than the one they were born with

**Queer:** A word used to explain all the different types of gender/sexualities

**Questioning:** A word to describe a person who is exploring their sexual/gender identity

## Mythbuster

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Discuss whether you think these statements are facts or myths.  
Write fact or myth beside each statement.

*Fact or Myth?*

- \_\_\_\_\_ **1. 45% of all LGBTQ pupils face bullying at School**
- \_\_\_\_\_ **2. 'Homosexuality' was illegal in the UK until 1967**
- \_\_\_\_\_ **3. People are either straight or gay**
- \_\_\_\_\_ **4. 2-4% of the UK population identifies as LGBTQ**
- \_\_\_\_\_ **5. A person can only identify as a man or a woman**
- \_\_\_\_\_ **6. Men are always masculine, and women are always feminine**
- \_\_\_\_\_ **7. Same sex marriage was legally introduced in England in 2013**
- \_\_\_\_\_ **8. Our sexuality is fixed and cannot change**



## Questions and Reflection

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**Have you ever attended a Pride Festival?  
If not, would you like to?**

**Why do you think it is important that we all  
celebrate Pride Month?**

**What else can you do in school and at home  
to help support the LGBTQ community?**

**Now's your opportunity to share any questions,  
you might have about Pride Month, Pride Festival  
or the LGBTQ community, write your questions  
below!**



## Questions and Reflection

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Now's your opportunity to share any questions you might have about Pride Month, Pride Festival or the LGBTQ community, write your questions below!



# Glossary

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## **Bisexual**

Usually refers to a person attracted to both genders (not usually equally).

## **Cis/Cisgender**

A term used to describe someone whose gender is the same as the sex that was assigned at birth.

## **Coming out**

When a person chooses to tell others in their life about their sexual orientation or gender identity. Usually happens once, but also happens when an LGBTQ person meets someone new.

## **Cross-Dresser**

The act of dressing in the opposite gender's clothes, this can be a form of self-expression and it does not necessarily mean a person is trans.

## **Gay**

Usually refers to same sex attracted people. (Usually men but sometimes women).

## **Gender Identity**

A person's sense of their 'gender' this can refer to our feelings and appearances of 'masculinity' or 'femininity'. This can be the same or different than the gender we were assigned at birth.

## **Gender non-Binary**

An identity category used for someone who doesn't fit clearly into either male or female.

## **Gender-Fluid/Gender-Queer**

An identity category used by someone who has no fixed gender that is likely to fluctuate or change. They may have both masculine and feminine (or neither) traits when expressing their gender.

## **Gender**

Refers to our appearance, mannerisms and expected social behaviours. (Note: It's possible that biological sex and gender identity do not match).

## **Heterosexual/Straight**

Someone who is attracted romantically, sexually and emotionally to a member of the opposite sex.

## **Homophobia, Biphobia and Transphobia (HBT)**

The irrational fear and hatred of people, identities and behaviours. Can include negative attitudes, discrimination and violence toward LGBTQ people.



# Glossary

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**Intersex**

Someone who was born with variations in primary sex characteristics incl. genitals, chromosomes and sex hormones. Their bodies do not usually fit standard medical definitions of male or female.

**Lesbian**

Usually refers to same sex attracted women.

**LGBTQ**

Umbrella term for 'Lesbian, Gay, Bi-Sexual, Trans and Queer or Questioning'.

**Outing**

When an LGBTQ person's sexual orientation and/or gender identify is disclosed publicly without their knowledge or consent.

**Pansexual**

An attraction to a person of any sex or gender.

**(Gender) Pronouns**

Words used to refer to a person incl. he/she/they and his/hers/theirs note some people will use gender neutral pronouns (it's always better to ask for preferred pronouns).

**Queer**

Can be seen as offensive by some but has been reclaimed by others, refers to feelings of 'otherness' or different identities, is considered less restrictive than LGBTQ.

**Questioning**

When a person is reflecting on their sexual and/or gender identity. This is a normal experience for all young people, as they pass through puberty.

**Sex**

Refers to our biological sex, chromosomes, genitals and hormones.

**Sexual orientation**

This refers to the emotional, physical and sexual attraction to others (Note: these can change throughout our lives).

**Trans**

Preferred umbrella term that refers to both transgender and transsexual. (These are both different).

**Transgender**

Refers to someone whose gender identity differs than the one assigned to them at birth.