



SAFER
SCHOOLS

Random Acts of Kindness

 Primary Lesson Pack



The Safer Schools App is available for free to school and LEA customers that have their insurance programme with Zurich Municipal.

Tidy up after someone

Introduce yourself to someone alone in the playground

Invite someone to play with you

Leave a positive comment under a post.

Like or share a positive post with your friends

Give a classmate a high five

Thank your teacher at the end of a lesson

Greet your teacher with a smile

Send a nice message to a family member

Thank the lunchtime staff

Write a card for someone special

Compliment a friend

Ask an adult if they need any help

Help someone with their work in class

Sit with someone new at lunch

Hold a door open for someone

Send a positive message to a friend

Talk at the dinner table (no devices)

Ask someone how they are doing

Do chores at home

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Random Acts of Kindness Follow-up



What Random Act of Kindness did you pick?

Who did you do it with/to?

How did you feel after doing this act of kindness?

What other random acts of kindness are you planning to do this week?



Random Acts of Kindness Follow-up

What Random Act of Kindness did you pick?

How did you feel after doing this act of Kindness?

Who did you do it with/to?

What other random acts of kindness are you planning to do this week?



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How did you feel after doing this act of Kindness?

Who did you do it with/to?

What other random acts of kindness are you planning to do this week?