Safety Card: Strava

Strava is an app that is used to track exercise such as running, walking, cycling and strength training. This app uses built in GPS to log your activities and is mainly used by runners & cyclists to track progress, statistics and times. Strava is free to download but does come with an optional paid subscription offer.

Stay safe on Strava using the instructions on **Reporting**, **Blocking** & **Privacy Settings** below.

Age Restriction 13+

Privacy Controls

Control your privacy around who views your Profile, Map Visibility & Flybys:

> Tap on your profile picture in the bottom toolbar.

> Tap on ⚙ and then scroll down and tap on Privacy Controls.

> Here you can control who views your profile, map visibility and apply privacy zones.
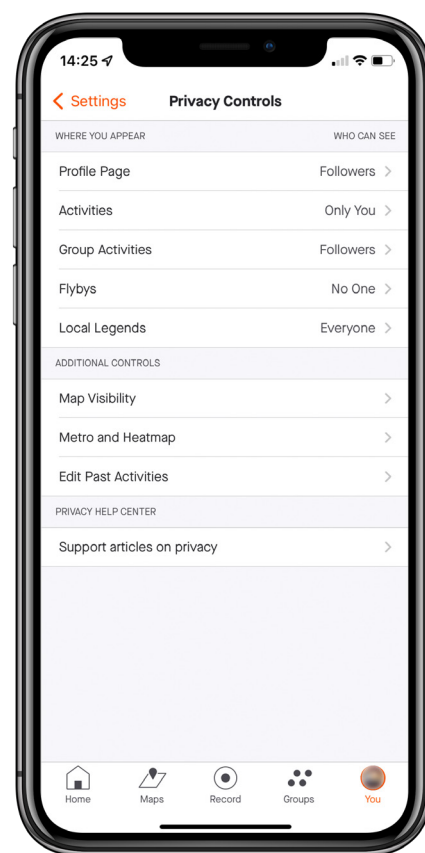
Report

Report a user using these simple instructions:

> On the users profile, tap on ○ ○ ○

> Select from two options, Report Suspicious Behavior & Report Fake Profile and submit!

Block

Block a user using these simple instructions:

> On the users profile, tap on ○ ○ ○

> Select Block this Athlete.

> Select Block Athlete.

Online Safety Centre

⚙ Settings
⊘ Block
⚠ Report